



Sharda Education Society's

College Code : 11

Anand Vishwa Gurukul Senior Night College

of Commerce & Science
Affiliated To University of Mumbai
ISO 9001 : 2008 Certified

No. Aff. VICD/ 2014 - 15 / 29449, 09th July, 2014
Tel : 9987929008, Email us : avgsrcollege@gmail.com

Academic Year 2019-2020

Report on Celebration of 5th International Yoga Day

Documents Attached:

- (1) Notice
- (2) Report
- (3) Attendance



IIC PRINCIPAL

ANAND VISHWA GURUKUL SENIOR NIGHT COLLEGE, THANE



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Date: 17/06/2019

Notice

All students are hereby inform that "5th International Yoga Day" will be celebrated on **21st June at 2019 at 5.00 p.m** . This will be celebrated in the college premise. The program will be organized by NSS unit.

I/C PRINCIPAL
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ANAND VISHWA GURUKUL SENIOR NIGHT COLLEGE, THANE





Academic Year 2019-2020

Report on Celebration of 5th International Yoga Day

Activity: Yoga Day Celebration

Objective- To let people know amazing health benefits of yoga.

Guest: Mrs. Sujata Bhide.

Report: For a holistic solution for physical as well as mental wellness of the students, NSS Unit of Anand Vishwa Gurukul Senior Night College, Thane had organized the Yoga Day in college campus on 21st June 2019 at 5:30pm to 7:00pm.

Total number of beneficiaries: 70



Outcome: The session was beneficial for students who suffer from lifestyle diseases and fitness disorders. Practice of yoga with a range of exercises and yoga poses/asanas also help student's body, mind, and soul to heal and relax.

[Signature]
Programme In-charge



[Signature]
Principal

ANAND VISHWA GURUKUL SENIOR NIGHT COLLEGE, THANE

Anand Vishwa Gurukul Senior Night College, Thane

Affiliated to University of Mumbai

Attendance Sheet

Date : 24/06/2017

Program Name : International Yoga Day

Speaker : Mrs. Sujata Bhide

Sr. No	Name of the Student	Course	Class	Signature
1	Arafat- Ansari	B.M.S	T.Y	Arafat
2	Siddesh Ghule	Bsc. I.T	T.Y	Siddesh
3	Sajid Gazi	B.M.S	T.Y	Sajid
4	Zahida Shaikh	B.m.S	T.Y	Zahida
5	Soham M. Patil.	BMS	T.Y.	Patil
6	Deep B. Gidh	BMS	T.Y	D.B. Gidh
7	Shubham D. Bhopale	BMS	T.Y	Shubham
8	Vedant S. Patne	BMS	T.Y	Patne
9	Samuel Joy Thomas	BMS	T.Y	Samuel
10	Sahil Shivaji Pawar	BMS	T.Y	Sahil
11	Bushra Fatima Khan	BMS	T.Y	B.Khan
12	G. Ranganayaki Kamath	BMS	T.Y	Ranganayaki
13	Chaysha H. Kharat	BMS	T.Y	Chaysha
14	Ashish A. Shinde	Bms	T.Y	Ashish
15	Pravin Mhaske	B.com	T.Y	Pravin
16	Tejal Gharat	B.com	T.Y	Tejal
17	Gauri Shetye	B.com	T.Y	Gauri
18	Gaurav Sarkate	B.com	T.Y.	Gaurav
19	Adima Kesharwani	BMS	T.Y.	Adima
20	Damini Ambre	B.Com	T.Y.	Damini
21	Manisha Vengurkale	B.com	T.Y.	Manisha
22	Tejas Kadam	B.com	T.Y.	Tejas
23	Ayushya Kanajia	B.com	T.Y.	Ayushya
24	Kiran Yadav	B.Com	T.Y	Kiran
25	Sunita Nishad.	B.com	T.Y	Sunita
26	Amira A. Alvi	B. Com	T.Y.	Amira
27	Komul Verma	B.com	T.Y.	Komul


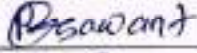
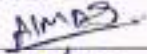

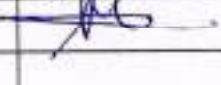


Signature of the official: *[Signature]*

28	Brijanka A Panchal	B.Com	T.Y	Brijanka
29	Beena Suresh Babu	B.Com	T.Y	Shrey Babu
30	Bhargyaushree Swain	B.A.F	TY	Bhargyaushree
31	Jhaya Ganesh .Y	B.A.F	TY	Jhaya Ganesh
32	Verdha Anand	BBI	TY	Verdha
33	Shravani Gankar	BMS	TY	Shravani
34	Leena Otekar	BMS	TY	Leena Otekar
35	Mansi Wodekar	BBI	TY	Mansi Wodekar
36	Rasika Ghemrani	BBI	TY	Rasika
37	Arpit Jain	BMS	TY	Arpit
38	Pratibha Jaiswal	B.M.S	TY	Pratibha
39	Khushi Jaiswal	B.Com	T.Y	Khushi
40	Neha Vishwakarma	B.Com	T.Y	Neha
41	Pratima Jaiswal	B.Com	T.Y.	Pratima
42	Kaushal Jaiswal	B.A.F	T.Y	Kaushal
43	Kalyani Khanolkar	BMS	TY	Kalyani
44	Shetal Phadke	Bcom	T.Y	Shetal
45	Sakshi Boyar	SYBAF	SY	Sakshi
46	AKANSHA CHAUHAN	BAF	SY	Akansha
47	Dhagesh Chavan	BAF	SY	Dhagesh
48	Anjum Choudhary	BAF	SY	Anjum
49	Hanshal Dabade	BAF	SY	Hanshal
50	Vishram Dhanwan	BAF	SY	Vishram
51	Tijjari Himanshu	BAF	SY	Tijjari
52	Aarti Gadhave	BAF SY.	SY	Aarti
53	Pratibha Gaudkar	BAF	SY	Pratibha
54	Pooja Gaud	BAF	SY	Pooja
55	ANUSHKA GHADGE	BAF	SY	Anushka
56	GRABIND MISHRA	BAF	SY	Grabind
57	Santosh Gupta	BAF	SY	Santosh
58	POOJA GUPTA	BAF	SY	Pooja
59	OMKAR JADHAV	BAF	SY	Omkar
60	Jupali Jadhav	BAF	SY	Jupali



Principal
I/C Principal

Sr.No	Name of the Student	Class	Gender	Signature
66	Adity Jangam	Sy.B.A.F	Sy	
67	Sawant Ravindra	BBAF	Sy	
68	ALMAS SHAIKH	BAF	Sy	
69	NEHA MADYE	BAF Sy	Sy	
70	SANIK RAI	BAF	Sj	
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ANAND VISHWA GURUKUL SR. (NIGHT) COLLEGE, THANE